

SWEET RELIEF

The small act that wipes out worries



Stay safe from new money scams

Univ of Texas tip works better than Ambien to

SOOTHE ACHES+
DEEPEN SLEEP

Drop 20 lbs in 10 days

OVER 50? This is YOUR MIRACLE

Pain-reliever secret ensures

100% COVID RECOVERY

Harvard study: 60-second cure

BYE BYE TECH STRESS!

Eye move sharpens recall instantly

MEMORY SOS

Discover gospel singer Tamela Mann's protein secret to losing 100 lbs without feeling deprived

"The rest of your days can be your best days"



Midweek fast feast

Much easier than it looks!



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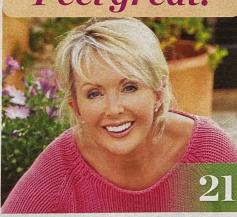
Be inspired!



Boxes of joy bring hope and happiness to thousands of children during their hospital stays

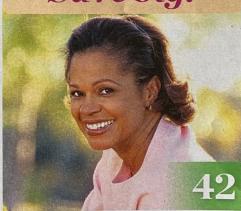
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WW To get in touch or share your story

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CALL 1-800-216-6981
WEB www.WomansWorld.com/subscribe
MAIL Woman's World, P.O. Box 37177, Boone, IA 50037
FOR POSTMASTER INFO, see page 55. Printed in the USA.



\$\$\$ Cash in this week!

Salsa Queen, 49,

"I make a full-time income selling my homemade salsa!"

Do others rave about your recipes? You too can rake in the cash! Here's how

I was looking for ways to feed my family. I'd left Mexico as a teen, didn't speak English and never finished high school. With so many kids to support, things seemed hopeless. But I started dreaming about combining my love of cooking with my Mexican heritage to make money, and everyone loved my homemade, heart-healthy salsa, so I decided to try selling it.

"With the help of my kids who literally chopped tomatoes in our home kitchen—my current husband, Jim, and I applied stickers of the logo to plastic containers bought through a restaurant supply store, filled and sealed them, and Salsa Queen salsa was born.

"I started by selling through Facebook, piling the kids in the car to deliver orders around the neighborhood. Soon, I decided to try selling at farmers markets. My first day out confirmed that my salsa had potential because I sold all 100 jars that I'd brought with me, earning \$500 in just 2 hours.

"That summer was truly pivotal, a family affair, with the kids pitching in every weekend at farmers markets. Jim, who today is the business' managing director, kept pushing me, urging me to try selling in stores, something I thought was crazy and way out of reach. But today, six and a half years later, Salsa Queen is in more than 230 stores across 14 states. And as a reflection of how invested I am in my brand and the new life it's brought me, I legally changed my name to Salsa Oueen!"

Win great prizes at WomansWorld.com/WinApril!

Win roses from Rose Box NYC!

Salt Lake City

Enjoy fresh-cut roses all year round with one chance to win Rose Box NYC's Modern Premium Half Ball! The beautiful arrangement includes 50 to

55 extra-large, long-lasting roses, sourced from Ecuador and carefully preserved to stay fresh for a full year without any maintenance. It also comes with a modern, chic mirrored base that serves as a statement piece, sure to elevate any room in your home. U.S. only.



Win \$1,000!

Put your money worries at ease with one chance to win \$1,000 in cold, hard cash! Indulge in a mini splurge or store it away for a rainy day; how you use it is up to you. Just enter once for a chance to be the next lucky winner! U.S. only. Ends 11:59 PM ET, 4/30/2021

Win Kori Pure Antarctic Krill Oil!

Support your heart, brain, joint, eye, skin and immune health with 20 chances to win Kori Pure Antarctic Krill Oil Omega-3 supplements. The certified sustainable capsules feature superior absorption compared to fish oil as they deliver omega-3s in phospholipid form with no fishy aftertaste. Plus, each daily serving has 250 mg. of omega-3 EPA and DHA, the same you would get from consuming the USDA-recommended two servings of fish per week! U.S. only. Ends 11:59 PM ET, 5/14/2021



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