

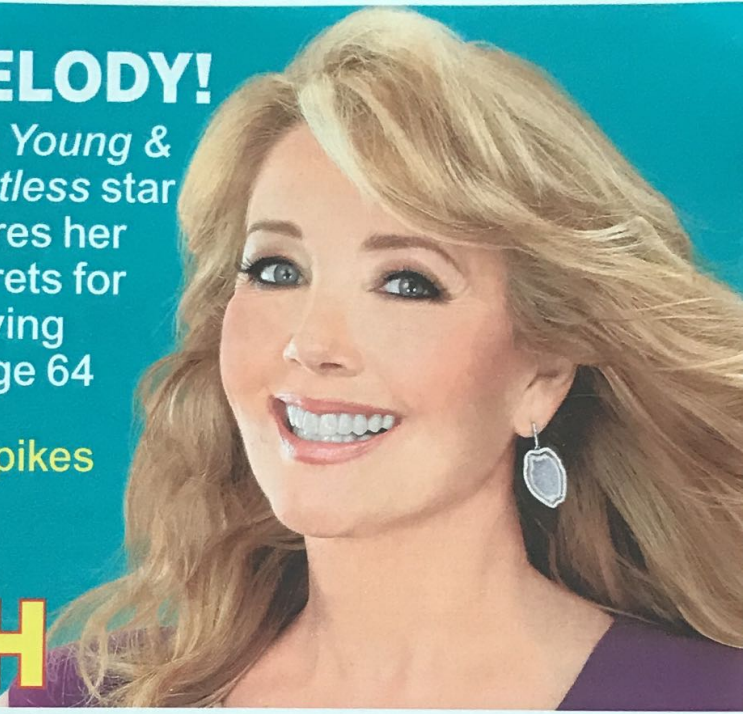
August 24, 2020
God Bless America

Woman's World

More for your money!
\$2.49

MELODY!

The Young & Restless star shares her secrets for thriving at age 64



Fidget like *this* before meals to stop insulin spikes

BLOOD SUGAR BREAKTHROUGH

NO-COOK KETO

News! Doctors' best all-natural

IMMUNITY BOOSTERS

British research: Surprise nutrient turns off allergies

BETTER THAN CLARITIN

Harvard scientists' wine discovery

MELTS POUNDS EFFORTLESSLY

Hacks that unlock top deals

FOUND MONEY!

Folks are buzzing about the 'cool' twist making summer weight loss easier than ever

DROP 19 LBS A WEEK!

Stephanie Laska lost 140 lbs

"You can relax and still lose all you want!"



This week in a Woman's World

VOLUME XLI, NUMBER 34, AUGUST 24, 2020

ON THE COVER

- 28 Melody!
- 22 No-cook keto
- 17 Blood sugar breakthrough
- 18 Immunity boosters
- 16 Better than Claritin
- 21 Melt pounds effortlessly
- 45 Found money!
- 23 Almost-instant keto pudding
- 36 Creamy Coconutty Cheesecake
- 37 Easy keto chicken recipes
- 32 Super-speedy suppers

Enjoy!



33

- 4 Fill your week with smiles!
- 6 Relax and have fun this week
- 8 Woman's World book club
- 30 Country fair fun in your yard
- 32 Keto-friendly dinners
- 36 Rich, creamy mmm
- 37 Keto recipes to collect
- 46 Brain games
- 47 Solve-it-yourself mystery
- 50 5-minute romance
- 52 Your horoscope
- 55 Love & laughter

Feel great!



21

- 16 Quick relief from fall allergy bothers
- 17 Best Rx for your foot pain
- 17 Steady blood sugar + end headaches
- 18 Boost immunity to sick-proof fall
- 20 Rainbow secrets to total health
- 22 Drop up to 19 lbs a week
- 26 Ask America's ultimate experts
- 28 Melody Thomas Scott shares her secrets to thriving at age 64
- 40 Relax and unwind in your own 'she shed'

Be inspired!

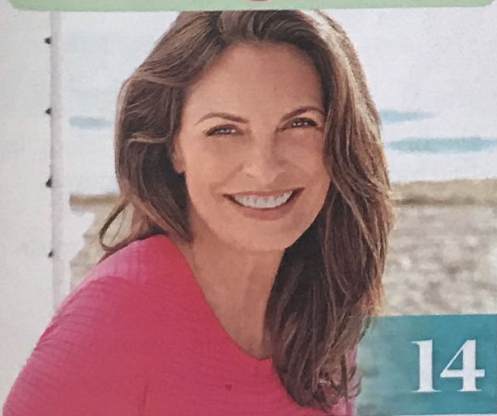


10

Jill and her Kids for Peace club warm hearts across generations

- 24 Walking lowered Sharon's high blood pressure 45 points!
- 48 7 days of inspiration
- 48 My guardian angel
- 49 Circle of kindness
- 50 A moment for you
- 54 You deserve good things
- 54 Everyday heroes: When Isaiah's bike was stolen, his teachers came together to make sure he got a new one

Look good!



14

- 12 Luxe & lovely in leopard
- 14 Beautiful with berries
- 18 Freedom from hot flash ugh!

Save big!



45

- 42 Make your grocery staples last longer
- 44 Cheryl earns up to \$450 a month painting for pleasure
- 45 Get out of any contract to put cash in your pocket

WW | To get in touch or share your story

CALL 201-569-6699 EMAIL DearWW@WomansWorldMag.com
 WRITE Woman's World Magazine, 270 Sylvan Ave, Englewood Cliffs, NJ 07632
 SHARE YOUR STORY wwfeatures@WomansWorldMag.com
 FOLLOW US ON FACEBOOK [Facebook.com/WomansWorldMag](https://www.facebook.com/WomansWorldMag)

For help with subscriptions

CALL 1-800-216-6981
 WEB www.WomansWorld.com/subscribe
 MAIL Woman's World, P.O. Box 422686, Palm Coast, FL 32142-2588
 FOR POSTMASTER INFO, see page 55. Printed in the USA.

\$\$\$ Cash in this week!



Cheryl Wallace, 72, Phoenix

“I earn up to \$450 a month painting for pleasure!”

For Cheryl Wallace, being able to bless others with her artwork is more valuable to her than the money she’s bringing in. Here’s how she profits from her passion

“When I was 66, I was laid off from my 30-year job as a dental office manager. Having worked since I was a teen, I felt lost with all my free time. Then a friend invited me to a painting party, and I was hooked! I went and bought watercolors and art paper, set up a studio in my kitchen and painted nonstop with help from online tutorials.

“I started sharing my rapidly expanding portfolio on Facebook, and people

began commissioning paintings of beloved people, pets and places. As a person of faith, I want my art to connect with, encourage and bring others joy, so I launched Prayers and Paintbrushes (PrayersAndPaintbrushes.com).

“The majority of my earnings are through personal commissions starting at \$125 apiece, but I also sell my work on Fine Art America (FAA) a sales platform that gives me legitimacy and processes the orders, allowing

me even more time for painting. All I had to do was upload photos of my 250+ paintings! Soon my prints and various merchandise with my prints on them—including 35 face masks (at \$14 a pop!)—started selling! I’m now making as much as \$450 a month—money my husband and I use to finance home repairs, purchases and upgrades.

“My life is so different today—something that wouldn’t have happened if I’d not been laid off!”

Win big at WomensWorld.com!

Win a Libman fall cleaning prize pack!



Tidying up your space will be a breeze

if you’re one of 10 lucky winners to snag an “Embrace

Life’s Messes” Fall

Cleaning Gift Pack from

Libman! The bountiful prize is brimming with everything you need for a spotless home, including a Spin Mop with Bucket, Spiral Sweep Broom, Wonder Mop, Upright Dust Pan, 4-Gallon Clean and Rinse Bucket, All-Purpose Sponge and a Microfiber Sponge Cloth.

U.S. only. Ends 11:59 PM ET, 9/24/20



Win \$1,000!

Have you ever daydreamed about stumbling upon an unexpected windfall? Then you should enter for one chance to win \$1,000 in cold, hard cash. How you splurge, save or share the money is completely in your hands! U.S. only. Ends 11:59 PM ET, 8/31/20

Win Viactiv Calcium Soft Chews and a \$100 Walmart gift card!

Give your bone health a big boost with six chances to win Viactiv Calcium Soft Chews and a \$100 Walmart gift card! The delicious chews come in milk chocolate and caramel flavors, and just two give you a full day’s worth of calcium plus essential bone-strengthening vitamins. They also contain up to two-thirds less sugar and fewer calories than other gummies, so you can keep going healthy and strong. U.S. only. Ends 11:59 PM ET, 9/24/20



Woman’s World is not responsible for savings and sale claims or prize values referenced in these offers, which are representations solely of the offering retailers, manufacturers and/or sponsors. All inquiries regarding Official Rules and other sweepstakes questions should be directed to the respective sweepstakes sponsor. Except where specifically indicated, Woman’s World is not the sponsor of or responsible for any of the coupon savings offers or sweepstakes published here. See WomensWorld.com for sweepstakes rules.